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**WHISPERING MIND:
ETERNAL LOVE STORY
OF YIN & YANG**

*By K.P. Shashidharan;
Sterling Publishers, ₹ 499*

The author, who's the director-general (commercial) in the office of the Comptroller and Auditor General of India, says he wrote this book to share his thoughts with people who wished to develop a beautiful mind in a sound body irrespective of life's compelling circumstances and lifestyle differences. This anthology of self-help poems encapsulates his philosophy of life through fables, travelogues, anecdotes, symbols, visual images and mystic elements. An interesting read for those interested in this genre.

